



Safety Bulletins:

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SAFETY BULLETIN #8 LOADING/UNLOADING

Statistics have shown that certain types of lost-time-injuries are more prevalent to HVAC Work. This bulletin has been prepared to create awareness and suggest solutions to reduce these causes of lost-time-injuries.

Case Histories

HVAC/R mechanic was loading pipe cutter into truck when pipe cutter fell and struck his right foot.

HVAC/R mechanic was loading a heat pump unit (150 lbs.) into a van when he strained muscles in his lower back.

HVAC/R mechanic was loading refrigerant drum (30 lbs) into truck when he sustained an injury to his back.

HVAC/R mechanic was unloading a 50lb. freon cylinder from truck when he sustained a hernia injury.

HVAC/R mechanic was unloading heat exchanger (40-50 lbs.) from truck when he slipped and fell, cutting his right hand.

HVAC/R mechanic was unloading material from vehicle when he tripped on angle iron and fell, twisting his right ankle.

Activity

Loading/Unloading pipes, drums, cylinders, heating units or other HVAC equipment continues to be a factor in lost-time injuries for **HVAC/R Work**.

Prevention

- Use a buddy system when lifting heavy loads.
- Keep access ways clear of debris and slippery conditions at all times.
- Incorporate material handling during weekly toolbox talks.
- Plan your move before attempting physical lifting.

Please photocopy this bulletin and distribute as widely as possible

